



**New Proposed Year-wise Structure of UG/PG Program
National Education Policy-2020**

B.A. (Hons.) English

**Ist Semester Syllabus
(w.e.f. 2022-23)**

Department of Languages

**Faculty of Humanities and Social
Sciences**

Integral University Lucknow

The Course is designed for the student's pursuing graduation with **English** in regular mode. The programme aims to inculcate literary and critical thinking among the students in English literature by comprehending various literary theories. It aims to develop critical, descriptive and analytical view point in the students about the socio-cultural behaviour of people. The objective is to nurture among student a view point of a socially responsible and ethical aware citizen. **The under graduate programme will have 10 courses in 6 Semesters in 3 years. In the Fifth and the Sixth Semester 01 paper is given as optional. In the Fifth Semester it is proposed to have Dissertation/Project keeping in the spirit of the New Education Policy 2020 to introduce research at the graduation level. The structure of syllabus is based on the template of UGC proposed for the CBCS for undergraduates in English (Regular).**

Programme Specific Outcomes (PSOs) - Student after completing graduation will be able to learn-


1. Develop an appreciation of English language, its connotations and interpret and appreciate the didactic purpose of literature.
2. Take cognizance of the historical, social and cultural context of each literary work and thereby make connections between literature and society & appreciate literature's ability to stimulate feeling.
3. Sensitize students to the aesthetic, cultural and social aspects of literature.
4. Develop a more complex understanding of the history, literature, narrative techniques, drama techniques, kind of fiction and drama existing in Britain, America and India.
5. Develop an understanding of the various connotations of the term 'New Literatures' and the difference from other terms like Commonwealth Literature etc.
6. Provide job opportunities through 'skill-based' courses.
7. Instil in students a new zeal and a new vision of life to make them a better citizen.
8. Recreate a response through creative indulgences like script-writing, dialogue writing, and be able to exploit his/her creative potential through online media like blogging.
9. Engage students with various strategies of drafting and revising, style of writing and analytical skills, diagnosing and developing scholarly methodologies, use of language as a means of creative expression, will make them effective thinkers and communicators.
10. Demonstrate comprehension of and listener response to aural and visual information
11. Assist students in the development of intellectual flexibility, creativity, and cultural literacy so that they may engage in life-long learning.
12. Deepen knowledge in English literature for higher studies
13. Help the students to prepare for competitive exams
14. Create a possibility to emerge as prospective writers, editors, content developers, teachers etc.

**B.A. (Hons.) English
NEP 2020
Department of English
Integral University, Lucknow**

<p style="text-align: center;">Program Educational objectives (PEOs)</p>	<ol style="list-style-type: none"> 1. The Course is designed for the students' pursuing graduation with English in regular mode. 2. The programme aims to inculcate literary and critical thinking among the students in English literature by comprehending various literary theories. 3. It aims to develop critical, descriptive and analytical view point in the students about the socio-cultural behaviour of people. 4. The objective is to nurture among student a view point of a socially responsible and ethical aware citizen. 5. This course is designed to provide basic and Advanced theoretical as well as methodological knowledge of English literature for application.
<p style="text-align: center;">Program Specific Outcomes (PSOs)</p>	<ol style="list-style-type: none"> 1. Understanding of History and Development of English Literature: Understand the origin, growth and relevance of English literature, American literature, Indian literature and the emerging new literatures in English. 2. Theoretical Perspectives: Acquaint with the literary criticism and theories along with the conceptual and practical framework concerning the concept of practical criticism and various emerging theories of contemporary literature in English. 3. Vocational Aspects: Acquaint with basic and applied tools and methods used in English. The aim of this course is to provide a foundation in critical analysis and develop skills required for empirical usage of English. It also covers the area of soft skills and critical writing. 4. Strategic Sustainable Management: This course emphasises on environmental problems emerging from ecological concerns and issues in English literature. These are applied to valuation of environmental quality, assessment of environmental damages, tools for comparing ecology with literature in respect to eco-feminist approaches. 5. English in Indian Perspectives: Familiarise and acquaint with the characteristics of the English language and literature in India as well as States.

Program Outcomes (POs)	<p>1. Critical Thinking: Take informed actions after identifying the assumptions that frame our thinking and actions. Looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.</p> <p>2. Research Aptitude: with the study of English the students enable to apply theoretical knowledge of empirical and literary research and develop critical thinking.</p> <p>3. Environment and Sustainability: Understand the issues of environmental contexts and sustainable development.</p> <p>4. Ethics: Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.</p> <p>5. Self-directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context of literary changes.</p>
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B.A. (Hons.) English
Ist Year/ Ist Sem.
Major Ist (Theory)

Programme: B.A. (Hons.)		Year: I st		Semester: I st	
Course code: A040101T/ LN121		Course Title: English Prose and Writing Skills			
L		T		P	
5		1		0	
Credits		6			
Major (✓)		Minor ()		Vocational ()	
Co-curricular ()					
Pre-requisite (If any)		10+2 (Any Discipline)			
Course Outcomes: (COs)		After the successful course completion, learners will develop following attributes:			
CO1		Understand Indian English Writing as a new form of Indian culture and voice in which India converses regularly. They will be able to understand contributions of various authors in the growth of Indian English Writing.			

CO2	Identify the content, language, style, tone and structure of the essays and short story. Understand the formal qualities of a text, intricacies of structure, stylistics and figurative elements found in the text.
CO3	Make use of word choices, word order, figurative language and imagery to convey meaning/emotion. Describe the literary terms related to prose.
CO4	Identify the writings of classic prose and short story writers like Chekhov, Maupassant and O' Henry. Understand the prominence of logic and reason in the 18th century British literature.
CO5	Get a wide exposure of eminent writers like Anita Desai and M.R. Anand. Comprehend the culture, author's biography and historical context of the prescribed works.
CO6	Analyse the difference in the prose techniques of different writers like Addison, Lamb and Bacon. Identify the writings of classic prose writers and essayists.
CO7	Get a wide exposure of eminent writers like Kalam, Amartya Sen and Woolf. Identify the content, language, style, tone and structure of the essays.
CO8	Perform basic functions of a word processor, Excel spreadsheet and PowerPoint presentation practically. Do online communication like content writing and blogging. Do official communication by writing official letters/complaint letters. Practically explore their creative genius in creating blogs and personal websites for vocational purposes.

Max. Marks: 25+75

Min. Passing Marks: 10+25

Total No. of Lectures- 90

Unit	Topics	No. of Lectures Total =
I	An Introduction to Indian Writing in English: Contributions of Sri Aurobindo, Rabindranath Tagore, K. S. Venkataramani, Bhabani Bhattacharya, R. K. Narayan, Mulk Raj Anand, Sarojini Naidu, Kamala Markandaya and	11

	Nayantara Sahgal, etc. towards the growth of Indian writing in English.	
II	Elements of Short Story: Plot, Characterization, Narrative Technique and Structure Types of Prose & Prose Style: Autobiography, Biography, Memoir; Travelogue; Periodical Essay; Formal Essay; Personal Essay.	11
III	Prose Devices: Theme; Point of View; Sentence Pattern; Imagery; Tone or Mood; Analogy, Anecdote; Antithesis; Aphorism; Diction; Inversion; Humour and Pathos.	12
IV	Short Stories 1. O' Henry- The Last Leaf 2. Anton Chekhov- The Lament 3. Guy de Maupassant- The Terror	11
V	Short Stories 1. M.R. Anand- The Barber's Trade Union 2. R.K Narayan- Under the Banyan Tree 3. Anita Desai- Games at Twilight	11
VI	Prose 1. Francis Bacon- *Of Studies 2. Charles Lamb- *Dream Children 3. Joseph Addison- *Sir Roger at the Church	11
VII	Prose 1. Virginia Woolf- *Professions for Women 2. A.P.J. Kalam- *Patriotism Beyond Politics & Religion (from Our Ignited Minds) 3. Amartya Sen- * Tagore & His India (from The	12

	Argumentative Indian)	
VIII	Computer & Writing skills in English 1. Power Point Presentation 2. Letter writing – formal, informal/ Letters of Inquiry/ Complaints, Grievance Redressal Letters & Right to Information (RTI) 3. Preparing Resumes/CV using Microsoft Word/ Letter of Acceptance/ Resignation (Job) 4. Online Writing (Blogging, Content Writing, Effective E- mail Writing)	11

Suggested Readings:

1.	Ahluwalia, J.P., “Modern News Structure in Print Media and Electronic Media”, Adyayan Publishers, New Delhi, 2007.
2.	Daiches, D., “A Critical History of English Literature”, Supernova Publishers, 2010.
3.	Compton- Rickett, A., “A History of English Literature” Nabu Press, 2010.
4.	Boulton, M., “The Anatomy of Prose”, Kalyani, New Delhi, 1982.
5.	Chambers, E., “The Development of English Prose”, Oxford University Press, London, 1957.
6.	Berman, J., “A Companion to Virginia Woolf”, John Wiley and Sons, 2016.
7.	Kalam, A.P.J., “Ignited Minds: Unleashing the power within India” Penguin, 2014.
8.	Sen A., “Tagore and His India”, The New York Review of Books, 1997.
9.	Dorner, J., “Writing for the Internet”, Oxford University Press, New York, 2002.
10.	Majumdar, P.K., “Commentary on the Consumer Protection Act”, Prentice Hall, New Delhi, 1992.
11.	Norton, P., “Introduction to Computers”, Tata McGraw Hill, New Delhi, 2005.
12.	http://www.gutenberg.org/files/3090/3090-h/3090-h.htm
13.	Read, H., “English Prose Style”, Pantheon, New York, 1981.

14.	Walker, H., "English Essays and Essayists", J.M. Dent and Sons Ltd., London, 1928.
15.	Williams, W.E., "A Book of English Essays", Penguin Books, Harmondsworth, 1948.
16.	https://www.youtube.com/embed/l-kbE7oyUWU
17.	https://www.youtube.com/embed/Cb7lbraalm4
18.	https://rtionline.gov.in/index.php
19.	Norton, P., "Introduction to Computers", Tata McGraw Hill, New Delhi, 2005.

This course can be opted as an elective by the students of following subjects: **Open for all**

Suggested Continuous Evaluation Methods: Continuous Internal Evaluation shall be based on allotted Assignment and Class Tests. The marks shall be as follows:

Assessment and Presentation of Assignment	(04 marks)
Class Test-I (Objective Questions)	(04 marks)
Class Test-II (Descriptive Questions)	(04 marks)
Class Test-III (Objective Questions)	(04 marks)
Class Test-IV (Descriptive Questions)	(04 marks)
Overall performance throughout the Semester (includes Attendance, Behaviour, Discipline, Participation in Different Activities)	(05 marks)

Suggested equivalent online courses:

- Swayam
- Coursera
- www.ignou.com


Course Articulation Matrix: (Mapping of COs with POs and PSOs)

	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	3	2	3	3	3	3	3	2	3
CO2	2	3	1	2	3	2	3	3	1	3
CO3	1	2	1	2	3	3	3	2	2	3
CO4	3	3	2	2	3	2	2	3	1	2
CO5	2	3	2	3	3	3	3	2	3	2
CO6	2	3	1	2	3	3	2	3	2	2

CO7	3	2	3	2	3	3	2	2	2	3
CO8	2	2	1	2	3	3	3	3	3	3

1-Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

**B.A. (Hons.) English
Ist Year/ Ist Sem.
Major Ist (Theory)**

Programme: B.A. (Hons.)		Year: Ist		Semester: Ist	
Course code: A040102T/ LN127		Course Title: Popular Literature and Cultures			
L		T		P	Credits
5		1		0	6
Major (✓)		Minor ()		Vocational ()	Co-curricular ()
Pre-requisite (If any)		10+2 (Any Discipline)			
Course Outcomes: (COs)		After the successful course completion, learners will develop following attributes:			
CO1		Understand the concept and background knowledge of popular literature and cultures. Knowledge about the ethics in education and visualization in popular literature.			
CO2		Understanding popular literary theories and culture in different contexts. Highlights the ideological exploration of detective stories and Hindi films.			
CO3		Exposure to popular Indian and American fiction writing. Brings forward the experiences of human relationships, yearning and nature between reality and fantasy.			
CO4		Exploring culture, society, tradition, human psyche, and relationships in different cultural settings, inspired by real-life experiences of authors.			
CO5		Inform about the people, geographical features, landscapes, and culture through an individual's travel account.			

CO6	Analyse the descriptive imagery and lyrical language of poems. Identify the elements of resistance and solidarity from the poet's experiences.	
CO7	Express ideas with images, often interwoven text and visualization on different themes by different characters. Making understand the formation of sequence of textual devices indicating dialogue narration, sound effects, or information.	
CO8	Understanding how films have changed human lives outside the theatre in tangible ways. Identify how films have a significant impact on popular culture, shaping society and influencing trends, reshaping beliefs, attitudes and values, evoke emotions, inspire movements, and reflect the social and political climate.	
Max. Marks: 25+75	Min. Passing Marks: 10+25	
Total No. of Lectures- 90		
Unit	Topics	No. of Lectures Total =
I	Introduction to Popular Literature: Definition, Evolution and Features of Popular Literature and Cultures The Canonical and the Popular Caste, Gender, and Identity Ethics and Education in Children's Literature Sense and Non-sense in Popular Literature Visualisation in Popular Literature: The Graphic Novel	11
II	Popular Culture and Theories: Janice A. Radway- The Readers and their Romances (from Reading the Romance: Women, Patriarchy and Popular Literature) Ernest Mandel-The Ideology of the Detective Story (from Delightful Murder. A Social History of the Crime Story) M. Madhava Prasad – Ideology of the Hindi Film: A Historical Construction	12
III	Fiction:	11

	Ruskin Bond: <i>The Night Train at Deoli</i> Charlotte Perkins Gilman: <i>The Yellow Wallpaper</i>	
IV	Novel Chetan Bhagat: <i>Two States: The Story of My Marriage</i> Ian Fleming: <i>Casino Royale</i>	11
V	Travelogue William Dalrymple: <i>City of Djinns</i> Amitav Ghosh: <i>Dancing in Cambodia, At Large in Burma</i>	11
VI	Poem Tishani Doshi: “Tigress Hugs Manchurian Fir,” “Girls Are Coming Out of the Woods” Irom Sharmila Chanu: “Tonight,” “Wakeup”	11
VII	Comics Jack Kirby and Joe Simon: Captain America Gerry Conway: Ms. Marvel Carl Barks: Walt Disney (Donald Duck) Pran Kumar Sharma: Chacha Chaudhary	11
VIII	Films and Popular Culture Francis Ford Coppola: The Godfather Sam Mendes: Skyfall Ron Howard: The Da Vinci Code Chris Columbus: Harry Potter and the Philosopher’s Stone Yash Chopra: Deewar Aditya Chopra: Dilwale Dulhaniya Le Jayenge	11
Suggested Readings:		
1.	Neuburg, V.E., “Popular Literature- A History and Guide”, Routledge, London, 1977.	

2.	Berberich, C., "The Bloomsbury Introduction to Popular Fiction", Bloomsbury, London, 2014.
3.	Sillars, S., "Visualisation in Popular Fiction 1860-1960- Graphic Narratives, Fictional Images" Routledge, London, 1995.
4.	Gupta, C., "The Gender of Caste", Permanent Black, New Delhi, 2015.
5.	Strinati, D., "An Introduction to the Theories of Popular Culture", Routledge, London, 1995.
6.	Chakraborty, A., "Popular Culture", Orient BlackSwan, 2019.
7.	Radway, J. A., "Reading the Romance: Women, Patriarchy, and Popular Literature", University of North Carolina Press, 1991.
8.	Mandel, E., "Delightful Murder: A Social History of the Crime Story", Pluto, London 1984.
9.	Prasad, M. M., "Ideology of the Hindi Film: A Historical Construction", Oxford University Press, New Delhi, 1997.
10.	Bond, R., "The Night Train at Deoli and Other Stories", Penguin Books, 1988.
11.	Gilman, C. P., "The Charlotte Perkins Gilman Reader: The Yellow Wallpaper, and Other Fiction", Pantheon Books, New York, 1980.
12.	Bhagat, C., "Two States: The Story of My Marriage", Rupa Publications, New Delhi, 2004.
13.	Ian, F., "Casino Royale", Penguin Books, Harlow England, 2002.
14.	Dalrymple, W., "City of Djinn: A Year in Delhi", Penguin, New Delhi, 2004.
15.	Ghosh, A., " <i>Dancing in Cambodia, At Large in Burma</i> ", Ravi Dayal, New Delhi, 1998.
16.	Doshi, T., "Girls Are Coming Out of the Woods", Harper Collins, India, 2017.
17.	Sarmila, I., "Fragrance of Peace", Zubaan, New Delhi, 2010.
18.	White, M. D., "The Virtues of Captain America: Modern-Day Lessons on Character from a World War II Superhero", Wiley-Blackwell, London, 2014.
19.	Conway, G., Claremont, C., and Buscema, J., "Captain Marvel" (Graphic Ed.), Marvel, 2019.
20.	Barks, C., "Walt Disney's Donald Duck: The Complete Carl Barks Disney Library Vol. 19", Fantagraphics Books, USA, 2018.
21.	Sharma, P. K., "Chacha Chaudhary", Diamond Comics, India, 1969- 1990
22.	Browne, N., "Francis Ford Coppola's Godfather Trilogy", CUP, UK, 2000.
23.	https://moviescene.wordpress.com/2014/11/27/die-another-day-skyfall-and-the-nolanization-of-james-bond/

24.	https://www.rogerebert.com/reviews/the-da-vinci-code-2006
25.	https://www.thequint.com/entertainment/movie-reviews/millennials-review-deewaar
26.	https://www.rogerebert.com/features/dilwale-dulhania-le-jayenge-the-record-breaking-bollywood-rom-com-celebrating-1000-weeks-in-cinemas

This course can be opted as an elective by the students of following subjects: **Open for all**

Suggested Continuous Evaluation Methods: Continuous Internal Evaluation shall be based on allotted Assignment and Class Tests. The marks shall be as follows:

Assessment and Presentation of Assignment	(04 marks)
Class Test-I (Objective Questions)	(04 marks)
Class Test-II (Descriptive Questions)	(04 marks)
Class Test-III (Objective Questions)	(04 marks)
Class Test-IV (Descriptive Questions)	(04 marks)
Overall performance throughout the Semester (includes Attendance, Behaviour, Discipline, Participation in Different Activities)	(05 marks)

Suggested equivalent online courses:


- Swayam
- Coursera

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	3	2	3	3	3	3	3	2	3
CO2	3	3	2	2	3	2	3	3	1	3
CO3	2	2	1	2	3	3	3	2	2	3
CO4	3	3	2	2	3	2	2	3	2	2
CO5	2	3	2	3	3	3	3	2	3	2
CO6	2	3	2	2	3	3	2	3	2	2
CO7	3	2	3	2	3	3	2	2	2	3
CO8	3	2	1	2	3	3	3	3	3	3

1-Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

B.A. (Hons.) English
Ist Year/ Ist Sem.
Vocational (Theory)

Programme: B.A. (Hons.)		Year: Ist		Semester: Ist	
Course Code:LN122/I040101V		Course Title: Fundamentals of Communication			
L	T	P	Credits		
2	1	0	3		
Major ()	Minor ()	Vocational ()	Co-curricular ()		
Pre-requisite (If any)		10+2 (Any Discipline)			
Course Outcomes: (COs)		After the successful course completion, learners will develop following attributes:			
CO1	Basic understanding of Communication and professional communication				
CO2	Basic knowledge of structural and functional Grammar. Learning language through literature.				
CO3	Basic tools of communication and improvement in communicative competence.				
CO4	Understanding the basic grammar and basic structure of language.				
CO5	Enhancement of writing skills in English i.e. writing application, report and various types of letters.				
Max. Marks: 25+75		Min. Passing Marks: 10+25			
Total No. of Lectures- 45					
Unit	Topics				No. of Lectures Total =
I	Title of the unit: Professional Communication				9

	Professional Communication: Its Meaning and Importance, Essentials of Effective Communication, Barriers to Effective Communication.	
II	Title of the unit: Language through Literature A. Essays: 1. The Effect of Scientific Temper on Man by Bertrand Russell, 2. The Aim of Science and Humanities by Moody E Prior. B. 1. The Meeting Pool by Ruskin Bond, 2. The Portrait of a Lady by Khushwan Singh	9
III	Title of the unit: B a s i c V o c a b u l a r y Euphemism, One-word Substitution, Synonyms, Antonyms, Homophones, Idioms and Phrases, Common Mistakes, Confusable Words and Expressions, Portmanteau Words, Foreign Words and Expressions.	9
IV	Title of the unit: B a s i c G r a m m a r Articles, Prepositions, Tenses, Concord, (Subject-Verb agreement), Modal Auxiliaries, Verbs: its Kinds and uses, Degrees of Comparison, Punctuation	
V	Title of the unit: Basic Composition Report Writing: What is report? Kinds and Objectives of reports, writing reports, Business Letter writing; Introduction to Business Letters, Layout of Business letters, Letters of Enquiry/Complaint Proposal writing	

Suggested Readings:

1.	Kumar, Sanjay and Pushp Lata., Communication Skills. Oxford University Press, Oxford 2011
2.	Raman, Meenakshi, and Sangeeta Sharma. Technical Communication: Principles and Practice. Second Edition, Oxford University Press, 2012
3.	Raina, Roshan Lal, Iftikhar Alam, and Faizia Siddiqui, Professional Communication. Himalaya Publication House 2012.
4.	Agarwal, Malti. Professional Communication. Krishna's Educational Publishers. 2016.
5.	http://www.uptunotes.com/notes-professional-communication-unit-i-nas-104..
6.	https://www.docsity.com/en/subjects/professional-communication/
7.	https://www.docsity.com/en/subjects/professional-communication/

This course can be opted as an elective by the students of following subjects: Open for all										
Suggested Continuous Evaluation Methods: Continuous Internal Evaluations shall be based on allotted Assignment and Class Tests. The marks shall be as follows:										
Assessment and Presentation of Assignment									(04marks)	
Class Test-I (Objective Questions)									(04marks)	
Class Test-II (Descriptive Questions)									(04marks)	
Class Test-III (Objective Questions)									(04marks)	
Class Test-IV (Descriptive Questions)									(04marks)	
Overall performance throughout the Semester (includes Attendance, Behaviour, Discipline, Participation in Different Activities)									(05 marks)	
Suggested equivalent online courses:										
<ul style="list-style-type: none"> • Swayam • Coursera • www.ignou.com 										
Course Articulation Matrix: (Mapping of COs with POs and PSOs)										
	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	3	2	3	3	3	3	3	2	3
CO2	2	3	1	2	3	2	3	3	1	3
CO3	1	2	1	2	3	3	3	2	2	3
CO4	3	3	2	2	3	2	2	3	1	2
CO5	2	3	2	3	3	3	3	2	3	2
CO6	2	3	1	2	3	3	2	3	2	2
CO7	3	2	3	2	3	3	2	2	2	3
CO8	2	2	1	2	3	3	3	3	3	3

Programme /Class: Certificate	Year: First	Semester: First
Co-Curricular Course		
Course Code: Z010101T	Course Title: Food, Nutrition and Hygiene	
<p>Course outcomes:</p> <p>To learn the basic concept of the Food and Nutrition</p> <p>To study the nutritive requirement during special conditions like pregnancy and lactation</p> <p>To learn meal planning</p> <p>To learn 100 days Nutrition Concept</p> <p>To study common health issues in the society</p> <p>To learn the special requirement of food during common illness</p>		
Credits: 2	Compulsory	
Max. Marks: 25+75	Min. Passing Marks:	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 2-0-0		
Unit	Topics	No. of Lectures Total=30
I	<p>Concept of Food and Nutrition</p> <p>Definition of Food, Nutrients, Nutrition, Health, balanced Diet</p> <p>Types of Nutrition- Optimum Nutrition, under Nutrition, Over Nutrition</p> <p>Meal planning- Concept and factors affecting Meal Planning</p> <p>Food groups and functions of food</p>	8
II	<p>Nutrients: Macro and Micro</p> <p>RDA, Sources, Functions, Deficiency and excess of</p>	7

	Carbohydrate	
	Fats	